

Naturally Wired Jewelry

www.JewelryWireWrap.com

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List of Common and Gem Stones including a brief description of healing and / or metaphysical properties – compiled from many sources and is by no means complete. If you would like to contribute to this list please email Raymond at: sales@jewelrywirewrap.com.

Healing Stones

Agate: Metabolic energy; assists in alleviating depression and lethargy, strengthens the sight.

Agate (Blue): Memory.

Agate (Blue Lace): Strengthens sight, diminishes thirst, and promotes marital fidelity. Good for treatment of arthritic conditions.

Agate (Botswana): Enhances creativity and abstract thinking. It allows one to look towards the solution, rather than dwell on the problem.

Agate (Yellow): Protection stone. Helps keep energy high when fasting & during periods of hospitalization. Planetary Stone associated with Virgo.

Amazonite: Opens creativity and helps one to speak the truth and communicate clearly concerning love. Also increases confidence & personal power.

Amber: Linked to sensuality and personal magnetism, renders wearer irresistible.

Amethyst: Purple; Spiritual awareness, intuition, dreaming, dispels nightmares, protection. "Sobriety stone" Planetary stone associated with Pisces. Amethyst bestows strength and invigoration, gives clarity of thought and enhances psychic abilities and intuition. It is a wonderful stone for meditation and has strong protective properties. Amethyst strengthens the immune system, helps in diminishing headaches and also helps with insomnia. It brings understanding of death and rebirth and relieves stress. It is healing to the body, mind and soul. Amethyst is a teacher of all things spiritual, mystic and psychic. It is a stone of spirituality and contentment.

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Apatite: Highly psychic, good for communication and intellect. Controls weight gain.

Aventurine: Translucent green quartz; emotionally soothing, general healing, Good luck (Gambler's stone), abundance, PMS Stone.

Green Aventurine: Promotes Good Luck (Gambler's Stone), abundance, success, wealth, healthy heart and emotions. Aids in self-confidence. PMS Stone.

Azurite: Deep blue; Stimulates communication and enhances psychic awareness & insight.

Black Tourmaline: Can be used to both repel and protect against negativity. It gives an increase in physical vitality, emotional stability and intellectual acuity. Can keep the spirits up even in times of doom and gloom. Also used for activating grounding between the first chakra and the center of the earth, for enhancement of well-being on the physical plane, and protecting against those in the spirit world and those on the physical plane who are not in the light.

Bloodstone: Childbirth stone, stops bleeding, inflammation, neutralizes and eliminates toxins.

Bone: Grounding, centering.

Calcite: Restorative & spiritually soothing, helps to see options to change old life patterns.

Carnelian: Creative visualization stimulates emotions, reproduction, menstrual cramps, lungs, asthma, and arthritis.

Chalcedony: Planetary Stone associated with Jupiter.

Chrysocolla: Eases emotional heartache, balances the emotions, stimulates creativity, PMS, menstrual cramps, and aids digestion. Also increases communication abilities.

Chrysoprase: Fertility - promotes fertility and assists in being receptive to the energy required to pro/co create. Also helps to heal a broken heart. Induces acceptance of self and others. Meditation stone.

Cowrie Shell: Personal magnetism.

Dalmatian Stone: Believed to help people who lack resourcefulness and who have an acute fear of personal failure.

Danburite: Clear crystal; radiates bright white light, cleanse and purify, strengthen life force & awareness.

Desert Rose: (Gypsum) Gentle grounding, mentally clarifying, perfect for focusing into that special place to sit back & enjoy the roses.

Diamond: Increase Prosperity & career.

Dolomite: Encourages energetic and original thinking and manifestation. Also relieves sorrow.

Dumortierite (blue quartz): Stone of patience. Eliminates stubbornness and clears away unsettled areas in relationships.

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Emerald: Increase communication abilities. "Stone of Successful Love."
Enhances memory, and mental capacity. Brings harmony to all areas of ones life.

Fiber Optic (White): Money.

Fiber Optic (Green): Attracts Wealth.

Fluorite: Centering, allows one to be calm and centered spiritually - increase intuition and social awareness - Helps to tap creative resources and experience the inner self. Heart stone, helps one to focus and get organized. "Homework Stone" increases concentration for mental clarity and work requiring focused concentration. It can help while working with computers.

Fluorite (Rainbow): Is used as a personal centering tool. Grounds, balances and focuses personal energy. Helps heal holes in the wearer's aura where energy is drained.

Garnet: "Stone of Healing" balances energy, uplifts attitude, vitality, strength, stability. Lucky for love, success and goals, promotes commitment to causes the wearer respects. Can also be used to bring order from chaos. Further, Garnet is a stone of health. Extracting negative energies from the charkas and changing the energy to the beneficial state. It acts with speed due to the flash of lightening contained within it. It has also been known as the stone of commitment to purpose, to others and to the self. The loving powers of this stone reflect the attributes of devotion, bringing the love of others to expressions of warmth and understanding. Excellent stone for disorders of the spine and spinal fluid, bone, heart lungs and blood.

Geode: Increase Prosperity & career.

Gem Silica/Chrysocolla (Blue-Green): Soothing, forgiveness, peace, dream enhancement, and aura cleansing.

Goldstone: Positivity, promotes positive vibes and wards off pessimism and gets rid of cynical thoughts.

Hematite: Metallic silver-black; excellent grounding stone, mental clarity, concentration, practicality, helps confidence & restore calm. Eliminates negativity, bounces other peoples negativity back to them. Protects and helps one focus, grounding stone.

Howlite (Jasper): Used for meditation and to improve concentration.

Jade: Success, longevity, patience, personal values.

Jade (Blue): Peace & Tranquility.

Jade (Green): Honest, Good Luck.

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Jasper: Protection stone; Contentment; Physical Healing; promotes vital organ healing. Jasper is grounding and gives connection with the earth. A stabilizing stone, it reduces your insecurities, fears, and guilt and decrystallizes illusions. Used for cancer and other wasting diseases, it works to purify blood and helps the anemic. Jasper aids in vitalizing brain tissue, stimulating hormone balance, and strengthening the liver, gallbladder, and bladder. Helps keep energy high when fasting and during periods of hospitalization.

Jasper (Red): Prosperity.

Jasper (Red Poppy): A powerful physical healer and is said to bring stillness to a troubled mind. Protects the wearer from witchcraft and soothes the nerves.

Labradorite: Reduces anxiety and stress. Magnifies a person's strength, originality and relationships with others. Opens energy flows to centers most in need.

Lapis Lazuli: Highly revered stone of the ancient Egyptians who believed it would inspire the soul to a supreme comprehension of immortality. Also develops the psychic abilities of the devoted spiritual student. Helps find inner truth and is used as an aura cleanser. - Spirituality - strengthens the body and increases psychic abilities.

Lepidolite: sparkly lilac-lavender calming & relaxing, balances mood swings, emotional anxiety and stress. Helps against nightmares. Helps one focus when scattered, eases depression and promotes self love and stability.

Malachite (Green): Healing Stone – Good for eyesight and digestion. Energy cleansing - electromagnetic & aural, stimulates physical & psychic vision, concentration. Helps one find the path to a desired goal.

Moonstone: Increase intuition & social awareness.

Obsidian (Black): “stone of Purity or Purification.” Deflects negative energy and promotes inner growth. Grounding, balances the mind, body and spirit.

Obsidian (Snowflake): Deflect negative energy. Known as a grounding stone makes the mind connect with emotions. Also used for metamorphosis, purification, introspection and inner growth.

Obsidian (Rainbow): "Stone of Pleasure." Helps one develop relationships and receive light and love.

Onyx: Used for self-protection and to keep away bothersome relationships.

Onyx (Black): Stress and grief reliever. Helps one focus, enhances and promotes self-control and mental clarity enabling ability to direct ones future. Encourages happiness, good fortune and morality.

Onyx (White): Money.

Opal: Harmony - allows one to feel harmonious on all levels.

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Mother of Pearl: Financial wealth.

Pearl: Menopause, calming.

Peridot: Emotional/physical cleansing.

Pyrite: (Known as "Fool's Gold") Metallic gold; grounding stone, aids mental focus, helps ground for reflection after psychic efforts.

Quartz (Clear): Clears the mind, creates a balanced energy field, amplifies thoughts and intentions, and keeps energy high. Clear Quartz focuses and transmits energy. It is a wonderful emotional balancer and stimulates brain functions. It amplifies and stores energy, activates the pineal and pituitary glands, aids in communication and dispels negativity in energy fields. It is an excellent stone for meditation. Also promotes patience. If ever in doubt about what crystal you need then Clear Quartz is the one to use as it covers all chakras. It provides for purification of the physical, mental and spiritual bodies. It is also a healer of negativity associated with perspectives and judgments.

Quartz (Tibetan Enhydro): The Enhydro Quartz contains fluid trapped inside its structure. This stone helps you recognize and understand the feelings of another. It supports the empathetic state. Provides a coupling of imagination and practicality, inducing sensibility in employment, relationships, and in the acceptance of responsibilities. It contains a life-sustaining energy, initiating adaptability in situations which could, otherwise, become stressful. The Enhydro assists in metamorphosis and continued change through all times. In healing it is useful to have an Enhydro available. It assists in bringing the body to the state or specified condition you are attempting to attain. Enhydro Quartz brings the energy of the stars into the soul. Produces a naturally balanced, solid state, energy field. Amplifies both body energy and thought. Harmonizes and aligns human energy with the energies of the universe and makes these greater energies available to humanity. Facilitates both speaking with, and receiving information from, the spiritual and other-worldly masters, teachers, and healers. All the psychic abilities can be stimulated and amplified by the use of this mineral. Clears and activates the energy centers of the body. Purifies the physical, mental, and spiritual bodies. The spiraling effect of the energy produces a clear pathway for the movement of the Kundilini. Tibetan Quartz contains a very powerful OM vibration, prompting the inventive powers. Can be used in the healing of all energy centers. Brings from the ancient cultures of the East, knowledge and information of healing and spirituality. Wearing the crystal can bring a total centering of the self and produces energy conducive to channeling. Enhances the flow of, and can direct your positive thoughts and feelings toward the light, love, and harmony of the planet, teaching us to live, laugh, and love with all our brothers and sisters.

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Quartz (Citrine): The only stone that does not require cleansing; Stimulates mental focus and endurance. "Merchant Stone" assists in acquiring and maintaining wealth. Put a piece in your cash box to manifest more money.

Quartz (Girasol) is a stone connected to the crown and heart chakra. It can be used to awaken both psychic and mystical qualities. It helps one to understand the higher powers of intuition and mysticism. Girasol further aids in utilizing these powers to enhance personal understanding and personal experiences in the realms of the sacred and avant-garde aspects of being. Girasol has also been used to enhance visioning and to activate the third-eye. It seems to provide a clear reflection of that which is of concern and to bring the solutions to the concerns.

Quartz (Lithium): is the second most powerful lithium stone available today. The soft magenta hue is evidence of the presence of Lithium. It has all the metaphysical properties of Quartz and more. The energy of Lithium gently alleviates worry and whisks melancholy away. This is an excellent crystal to work with for cleansing and restoring balance to the crown, heart, and root chakras, use Lithium Quartz to calm, nourish, and uplift the mental and emotional bodies.

It is an excellent crystal for meditation. Lithium is known for calming the brain, when the brain is calm, the solar plexus chakra and adrenal glands run more smoothly. The consciousness moves from problem solving to creative ease. Having both left and right spin so it repolarises the body and can send, receive and store information simultaneously. Great water purifier, and also makes structured water by placing in water or next to container for 5-10 minutes. It is also said to resonate with all notes of the musical scale and with all colours and all chakras, individually and collectively. It gives off a perfect gold spiral light ray. As it is self-cleaning it does not need to be cleaned as often as other Lithium stones. Some other Lithium stones are: Tourmaline, Lepidolite (lithium is what gives the colour), Sugilite, Kunzite and Hiddenite.

Quartz (Phantom): In addition to clear quartz, this variety promotes emotional healing, hearing disorders.

Quartz (Rutilated): Energizes, helps one take action, and stabilizes relationships.

Quartz (Smokey): Collects scattered energies, dissolves negative energies and emotional blockages. Promotes Self Esteem, increases sexual energy and stimulates clairvoyance. Also helps to release depression and fatigue. It allows for the development of individuality. Aids in detachment of material goods. Gives growth to courage and patience. Enhances dreams and channeling. Dissolves negative energy and emotional blocks. Protective, relaxing, grounding and promotes joy. Helps lessen the sickness caused from chemotherapy and radiation treatments.

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Quartz (Strawberry): Brings guidance with respect to enjoying each moment.

Quartz (Rose): Pink; Peace, calm, heals emotional wounds, love, faith, fidelity, tranquility, restores balance to ones emotions. Skin and cell rejuvenation, smoothes wrinkles. Rose Quartz enhances self-confidence and creativity. Used to help clear stored anger, resentment, guilt and fear. Reduces stress and tension. Aids kidney and circulatory system. Used to clear fluid. Inspires unconditional love in the form of forgiveness, compassion and love. A peaceful and gentle stone to place next to a child's bed. Also known as the stone of fertility when programmed for this.

Rhodocrosite: Balances the emotions, stimulates the energies of the body toward maintaining good health. Can bring a new love into your life; helps restore poor eyesight.

Rhodonite: "Stone of Love." Also helps to achieve ones greatest potential. Good for eczema.

River Stone: Promotes freedom of spirit and will. They release any inhibitions and/or fears. They bring to the wearer of this stone a feeling of energy, independence, and a lust for life.

Rock Crystal: Strength, long life, promotes energy enhancement.

Rubellite/Red Tourmaline: Pink - Purple-red; Focus stone for passionate energy, balance for emotions.

RUBY: Brings health, knowledge, wealth and economic stability. It is said that as long as one has a bit of ruby wealth will never depart.

Selenite: Clear or White; Soothing white light focus, sensitivity & awareness connections with light energies and the ages of the earth. Selenite provides clarity of the mind, expanding awareness of the self and surroundings. Running the Selenite from the base of the spine to the top of the head appears to remove energy blockages, from head to base of spine appears to smooth the flow of energy. It can be used in the regeneration of the cellular structure and the protective membrane linings which surround the cells, providing a tool to both prevent and to overcome damage caused by the well known "free radical" effects that can be overcome include cancer, tumors, age spots and light sensitivity. It has also been used to extend the life span.

Silver Bead: Intuition.

Silver Leaf: Stability - promotes the ability to face reality and new situations that one encounters.

Sodalite: Endurance - assists in the completion of tasks and calms sensitive people. Promotes logical and rational thought or stabilizes mental and emotional processes and widens perspective – wisdom. Increase communication abilities. Eases PMS, cramps, migraines and headaches.

Spectrolite: See Labradorite.

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Tektite (meteorite): It hinders lasting impressions of undesirable experiences, and encourages lasting impressions of desirable experiences. Balances the feminine and masculine properties of ones character.

Tiger's Eye: Golden, red-bronze, blue fibrous variety of quartz with inclusions of limonite; helps focus through pain and stress - Commitment, Strength, creativity, courage, confidence assists in one's ability to maintain responsibility in relationships. Sharpens perception, focus and clarity. Balances and brings prosperity. Planetary stone associated with Gemini.

Topaz: Increase friendship & relationship, communication abilities.

Tourmaline (Rubellite): Heart - Stimulates the heart chakra and promotes unconditional love.

Tourmaline (Black): Self confidence, repels radiation, calms, grounds, reduces anger, protection stone.

Tourmaline (Green): Energizes will & nervous system, aura cleansing and emotionally stimulating.

Turitella Agate: Fossil turitella shells in brown agate matrix; stone of protection.

Turquoise: Health, detoxifying - promotes stability and acts as a tonic for your inner being.

Unakite: Stimulates healthy pregnancy, while facilitating the health of the newborn.

Wood: Balance, harmony, good luck.

Wulfenite: Yellow to red, mostly orange crystals; emotionally warming and grounding

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